

PPHA PSYCHIATRIC VOUCHER PROGRAM

The PPHA Psychiatric Voucher Program offers those experiencing postpartum depression, anxiety, PTSD and/or OCD, and could not otherwise afford psychiatric services, the chance to receive up to five visits with mental health professionals who are specially trained for working with Perinatal Mood or Anxiety Disorders (PMADs), at significant discount.

BROUGHT TO YOU BY



FOR MORE INFORMATION
ON HOW TO GET HELP



REFERRAL PROCESS

1. Potential clients should complete and submit this form:
tinyurl.com/pphaProgramRequest
2. The Program Manager will reach out to the applicant for screening to determine if the program is a good fit.
3. New vouchers are released every quarter.
4. Eligible clients will choose from a list of approved psychiatrists; most voucher clients will be seen within 2 weeks.
5. Clients will receive a sliding scale voucher to see a psychiatrist for up to 5 visits. The client's portion will be from 15-50% of the cost of the visit, depending on their income.
6. The client's portion of the bill may be submitted to insurance for potential reimbursement.

ELIGIBILITY REQUIREMENTS

- Symptoms of Postpartum Depression, Postpartum Anxiety, or Postpartum OCD
- Given birth within the last 12 months
- Reside in Williamson, Travis, or Hays county
- Income at or below 250% of the Federal Poverty Level (Roughly \$50,000 for a family of 3)

An official diagnosis is not required, as the screening process will also determine eligibility. For questions, please contact us at info@pphatx.org. Click [here](#) to apply!

IF YOU FEEL YOU ARE IN DANGER OF HARMING YOURSELF OR YOUR CHILD, SEEK HELP IMMEDIATELY BY DIALING 9-1-1, OR USING ONE OF THE OPTIONS BELOW:

Visit www.988lifeline.org

PSI Warmline (English and Spanish)
800-994-4PPD (4773)

Suicide Prevention Lifeline
988 (call or text)